

# Three Arrows Cooperative Society 2015 Waterfront Regulations for Members and Guests

Lifeguard Will Be On Duty – May 23rd through Labor Day

*Memorial Day Weekend – Sat/Sun: 12-6:30, Mon: 12:00-5:30*  
Lifeguard Will Be On Duty June Weekends: Saturday & Sunday 11-6:30

## July and August Hours

Daily beginning Wednesday July 1st

Mon, Tues, Wed, Thurs: 12-6:30 Fri: 12-7:00, Sat: 10:30-7, Sun: 10:30-6:30

**Lifeguards are on duty during approved hours only.**

**Lifeguards must be obeyed at all times.**

**Lifeguards have sole and final authority for enforcing the following regulations:**

## Swimming and Diving

**1:** *The lifeguard must be satisfied with the competence of **all** swimmers.*

and may require the lake test of anyone using the Three Arrows waterfront.

*All children under age 16* must take the lake test *each season* before being allowed to swim in the lake.

**2:** Swimmers must remain inside the roped off area unless they request and are granted permission to swim outside this area, and only if accompanied by an adult in a rowboat .The boat must carry a spare life vest(s) for the swimmer(s).

(a) A boater accompanying a swimmer across the lake is responsible for the swimmer's safety. The boat must remain in close proximity to the swimmer and keep her/him /them in full view at all times.

**3:** *Diving into the crib is prohibited.*

Jumping and diving off the south side of the raft is permitted.

**4:** Diving off the dock into the deep water is permitted, *only* when the lake swimming area is not crowded and the lifeguard approves. No running dives are permitted.

## Boating

**1:** Standing or swimming from boats is prohibited. Boats are not permitted in the swimming area.

**2:** When taking out a boat with children, *adults must enter the boat first*. When the boat is stable, *only* then can the children be helped into the boat.

**3:** The Lifeguard may limit the number of people in a boat. This applies to privately-owned as well as Three Arrows boats.

**4:** All boaters; *must* wear life vests.

**5:** The lifeguard may limit the time that boats can be kept out, especially during busy periods.

**6:** Boats must be visible to the lifeguard at all times.

**7:** *No person under age 12* may take out a rowboat, canoe or kayak alone.

*Children from 12-16* may take out a boat, canoe or kayak, *provided* he/she has passed the lake test and has *signed* permission from his/her parent (once a season), plus the approval of the lifeguard.

## Three Arrows Cooperative Society 2015 Waterfront Regulations for Members and Guests [cont'd]

### Boats

8: Community boats may be used *only* when a lifeguard is on duty.

### Dock

1: Dogs or other pets are not allowed on the dock.

2: Fishing is permitted *only* in the designated area.

3: Tables and surrounding areas must be left clean.  
Garbage must be deposited in trash/recycling cans.

*Members are responsible for the dock area remaining clean. It is not the lifeguard's responsibility to clean up after you.*

### General/Safety

1: *Immediate attention must be paid to all orders and instructions given by the lifeguard, as well as to all whistle signals:*

**Short Blast: Stop and Look at Lifeguard.**

**Two Blasts: Clear Area, Get Out of the Water**

2: *In an emergency, all boaters and swimmers will be directed to leave the water.*

3: Members must notify lifeguard if they have guests who will be using the lake.

4: Members who are expecting 5 or more guests must obtain prior approval from, and make arrangements with the chair of the Waterfront Committee before the guests use the waterfront. Depending on the number of guests, the member may have to pay for another lifeguard.

5: Children are the continuing responsibility of their parents - on the dock, in the water and in the boats. *All children under age 12 must be actively supervised by an adult. Children in the small crib must be under continuous observation by an adult in the crib area.*

6: Alcoholic beverages are *not* permitted on the dock.

7: *Spray suntan lotion is not allowed on the dock. (They are inhaled and are especially dangerous for people with asthma).*

Prepared by the Waterfront Committee:

Chair: Carol Marsh Co-Chair: Andy Biskin